"Don't Blame the Tee"



It's just a golf tee, a small piece of wood barely weighing an ounce. But when you bent to pick it up after finishing the last hole, it may as well have been a 300 pound barbell. You felt your back pop and now the searing spasm is setting in. How could such a little thing cause such a big problem?

When a minor act turns into a major injury, it's not what you did that concerns your Chiropractor the most - it's what you're NOT doing that does.

You see, when a joint subluxates it will heal. If the joint is not in the right position it heals "wrong". It is now weaker than before. It is now more prone to re-injury and then again healing more "wrong". It's only a matter of time and circumstances that sets you up for the ultimate blow out. That is why continually working on realigning and strengthening your joints improves your chances of not experiencing future catastrophes!

Our Mission is to help those who wish to take control of their health and life!! Take care of your body, it's the only one you have!!

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